

Yuma Parks & Recreation



CREATING COMMUNITY THROUGH PEOPLE, PARKS, AND PROGRAMS



OCTOBER 2015

Yuma's official home to FootGolf!

WHAT IS IT?

FootGolf is the newest and very 'addictive' sport that combines the best of the popular sport of soccer with a traditional sport like golf. Similar to golf, the players' intent is to kick a ball into the hole with the least amount of strokes possible.

FootGolf uses the basic model of golf, with a tee box, a green, bunkers, hazards and up to 18 holes of play. There is par for each hole, mimicking golf's scorecard, and you still play as a single, twosome, threesome or foursome.

The main differences are the cups, which are 21 inches in diameter, shorter holes (most people cannot kick a soccer ball further than 50 yards) and the lack of equipment needed (no need to carry around heavy golf clubs in FootGolf!).

WHERE IS IT?

Yuma's premier FootGolf course is located at the Desert Hills Par 3 Course, 1301 W 32nd Street.

We are now the official home for FootGolf in Yuma County and the outlying areas!

WHEN IS IT?

We are aiming for the second week in October 2015 to open up the FootGolf course. In the month of October, book a tee time Sunday through Saturday from 10:00 am - 5:00 pm. From November to April book a tee time Sunday through Saturday from 12:00 pm - 5:00 pm. Summer hours will be all day Monday through Friday and from 10:00 am—7:00 pm on weekends.

HOW DO I GET STARTED?

FootGolf is easy to get started. All it takes is standard golf attire: sleeved shirt, pants or shorts, rubber soled shoes (**sneakers are recommended, soccer cleats are strictly prohibited on the course**), #5 soccer ball, scorecard and pencil. If you don't own a soccer ball one can be rented at the Desert Hills Golf Course Pro Shop.

READY TO SHOW YOUR SKILLS?

Show us your skills and register your team for our first **City of Yuma FootGolf Tournament** happening **Sunday, February 21, 2016** from 3:00 pm—5:00 pm.

HOW DO I GET STARTED?

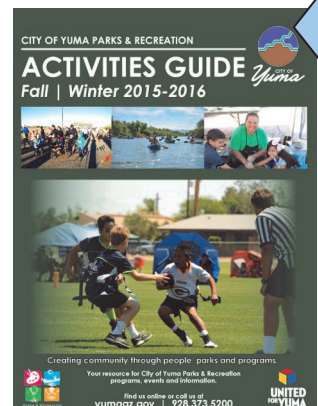
Call (928) 373-5220 to inquire more and book your FootGolf Tee Time!



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REGISTER ONLINE
YUMAAZ.GOV



Parks & Recreation Featured Activities



Zombie Fun Run & Fun Walk

Join us as we kick off our Series of Runs at the Zombie Fest (Zombie costumes optional) Enjoy music, food, drinks and Best Zombie Costume Contest after you have completed the course.

Saturday, October 3
6:00 pm
West Wetlands Park
Pre-registration – \$15, deadline is Thursday, October 1 by 1:00 pm. On-site \$24, On-site registration/bib pick-up 5:00 pm – 6:15 pm

Halloween Make-Up Tricks

When your Halloween make-up is done right, it is easy to give someone a fright! Learn tricks to apply make-up for Halloween. We will apply fake skin and wounds to look realistic for costumes. During class we will go over comic, skull, and animal inspired faces. Time is allowed for practice and to ask the instructor questions on all types of costume make-up. Each participant will receive a small make-up kit to use in class.

Saturday, October 24
2:00 pm – 4:30 pm
Clymer Recreation Center
Ages: 11 – 15
Fee: \$12 per participant

Glow Party

Make glowing science experiments and glowing drinks (yum!) and then it is time for everyone's favorite – a glowing dance p-a-r-t-y!
Friday, October 16
6:30 pm – 8:30 pm
Clymer Recreation Center
Ages: 10 – 14
Fee: \$10 per participant

"Harvest Moon" October Canoe Trip

Paddle the Colorado River and enjoy the Harvest Moon as it sets under the historic Ocean to Ocean Bridge. Celebrate with Cider and a riverside social.
Tuesday, October 27
5:00 pm
Gateway Park
Ages: 16 and up
Fee: \$30 per participant

Register online at yumaaz.gov/parksandrec

Movie in the Park "Jurassic Park"

Parks and Recreation and Bill Alexander Flight-line Mazda Mitsubishi are bringing back the days of old, with another night for family fun and entertainment. Bring a blanket or lawn chairs and enjoy the movie under the stars on a monster blow-up movie screen. Rated PG-13 with a run time of 127 minutes. (No alcoholic beverages allowed.)

**Saturday
October 3**

7:15 pm
(Movie starts at dusk)
at
West Wetlands Park

**FREE for the
entire Family!**

Aerofication of Yuma Valley Park

Have you noticed the recent aerification work that has been underway at the Yuma Valley Park? Parks maintenance teamed up with Modern Aerofication, a Phoenix based company that provides service to golf course and sporting facilities throughout the South Western region of the United States, to core aerate the 10 acres that make up the north and south soccer fields within Yuma Valley Park.

With all of the reservations slated for the facility, the aerification process will allow staff a way to help manage the compaction and drainage issues the facility has been faced with; a very common issue in newly constructed facilities.

After the contractor performed the core aerification work, the Parks maintenance staff removed a few hundred tons of clay cores over the entire 10 acres, and top dressed the turf playing surfaces with a little over 500 tons of sand.

The process of filling the core holes with sand helps the long term management, allowing for more effective water drainage, thus improving the turf root zone and soil profile. The process will also improve the turf root zone by allowing it better access to air, water and fertilizer.



The blade of the putter needs to be square to the target at both the address and strike position.

This may not sound difficult, but most golfers don't line up their putter in the best possible way in relation to the target. Most golfers simply don't practice lining up properly. As such, the stroke is never going to be better than a compensation for poor alignment. This can lead to inconsistency under pressure.

To improve your ability to aim, use the "Rail from Harold Swash" method, which gives you immediate feedback of how you line up towards the target. It's quite acceptable to use the logo of the golf ball to help you line up. Take advantage of it!

The blade of the putter needs to be square to the path through the hitting area.

In other words, we don't want to put a slice or hook spin on the ball. If we are looking for the club to be square to the target line at impact, then we don't want the path to cut across the ball inside-to-out or outside-to-in. If we do this, the club face can be 'closed' or 'open' to the path at impact. This can cause the ball to move off its line due to side spin. Therefore, through the hitting area we are looking for the path to be along the ball to target line.

See the November newsletter for the conclusion of this article!



Get Two Rounds For The Price Of One!

During the over seeding at Desert Hills Golf Course, all players will receive two for one greens fees on their rounds played on our Par-3 golf course. Playing alone? Keep your receipt and use later!

All coupons for complimentary rounds must be used no later than October 31, 2015. Cart Fees not included.

Complimentary rounds valid for Desert Hills Par-3 Golf Course only.

Yuma Civic Center

1440 W. Desert Hills Drive | 928-373-5040 | yumaaz.gov/parksandrec



The Yuma Civic Center welcomes **Circus Vargas** for EIGHT big shows October 23-26, 2015. Circus Vargas is an outdoor 'under-the-tent' family-friendly event that features acrobatics, motorcycle cages and spectacular shows. The 2015 show storyline, Arlequin, follows a boy's dream of joining the Circus and a harlequin who guides him through the "beauty, wonder and awe" under the 'Big Top'. Video previews are viewable at www.circusvargas.com. Tickets are on sale now at: www.showclix.com/events/18207. Don't miss the best circus in town!

On October 24, 2015 Desert Sun Stadium will host the **Yuma Visitors Bureau Rio de Cerveza Brew Fest** from 5:00 pm - 9:00 pm. This year's Festival features musical guests 80's and gentlemen. Grab your 'big hair' hairspray, blue eye shadow and neon tights and head to taste the best craft adult beverages in our region. To purchase tickets visit: www.riodecerveza.com.



OCTOBER

10/22-26 Circus Vargas

10/24 Yuma Visitor's Bureau Rio De Cerveza Brew Fest

Look Ahead NOVEMBER

11/21 Community Bazaar

11/21 Colorado River Crossing Balloon Glow

11/28 Ken & Betty Borland's Tower Lighting & Holiday Pageant



Yuma Civic Center
Yuma's Favorite Event Place
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Tribute of the Muses

The Yuma Art Center in conjunction with the Public Art Committee and the Parks, Arts and Recreation Committee are proud to host the 2015 Tribute of the Muses Awards in the Historic Yuma Theatre on Friday, October 16th at 7:00pm. This annual award ceremony, now in its 15th year, recognizes those individuals nominated for their dedicated efforts in furthering the arts in Yuma, Arizona. There are 2 nominations turned in each year. One is for the 'Helios' award which recognizes an up-and-coming artist just making a fresh impression on the arts scene. The 'Muse' award is for those who have made a lifetime of their support of



Tribute of the Muses 2014 Nominees.
Dawn Atherton, 2014 Muse winner.

the arts. The theme for this year's black-tie affair is Greek Mythology owing to the fact the Muses award gets its name from the 9 daughters of Zeus who were the inspirations for the various arts. The public is welcome to come and honor these leaders in both the performing and visual arts!

"Day of the Dead Opening"

Yuma Fine Arts will host a 'Day of the Dead' Opening and dinner in the Yuma Art Center Galleries on Friday, October 30th from 5:00 pm - 8:00 pm. Come and celebrate this great event which inspires some of the most original and creative works of art here in the Southwest! For more information or to reserve your spot call Yuma Fine Arts at 329-6607.

Need a Space?

The Yuma Art Center rents the Historic Yuma Theatre and the Yuma Art Center Galleries for concerts, movies, wedding receptions, private parties and a whole lot more.

Tickets on Sale

Single tickets for each of the Historic Yuma Theatre's 4 Performing Artist Series shows are now on sale.

Series packages are still available for those who wish to get a discount on a great entertainment package. For those who like to mix and match their show selections now is the time to get the best seats open. Last year we saw a record number of sell-outs so now is definitely the time to make sure you don't miss out. You may purchase tickets online or at any of our ticketing outlets, the Civic Center, Parks and Recreation, or the Yuma Art Center.

An important reminder, if you purchase a Series ticket you will get first selection next spring!

Children's Festival of the Arts

A fun, hands on art experience for the whole family. Over 30 booths provided by various community organizations with art projects that children can create and take home. Numerous food vendors will also be available with a variety of tasty pleasures. Entertainment, music, and demonstrations by local artists will fill the day. Additionally, a display of outstanding youth artwork will be on exhibit at the Yuma Art Center.

Date: Saturday, November 7
Time: 10:00 am - 3:00 pm
Location: Main Street
Ages: All ages
Fee: FREE

a fun, hands-on experience
for the whole family.



"The arts are an essential element of education, just like reading, writing and arithmetic...music, dance, painting and theater are all keys that unlock profound human understanding and accomplishment."
- William Bennett—Former US Secretary of Education

The Yuma Art Center

For more information or to purchase tickets:
Call: (928) 373-5202 | Online: www.yumaz.gov/events
Ticket Outlets: The Yuma Art Center | Parks & Recreation Department | Yuma Civic Center